



Spring 2024

Therapy Pool Schedule

February 25 - March 24

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pool is Closed	Independent Workout 5:30 – 8:30 am	Independent Workout 7:30 -8:30 am	Independent Workout 5:30 -8:30 am	Independent Workout 7:30 -8:30 am	Independent Workout 5:30 -8:30 am	Aqua Aerobics 8:30 – 9:25 am
	Aquacisers 8:30 – 9:25 am	Aquacisers 8:30 – 9:25 am	Aquacisers 8:30 -9:25 am	Aquacisers 8:30 – 9:25 am	Aquacisers 8:30 – 9:25 am	Water Babies 9:45 – 10:15 am
	Movers and Shakers 10:00 –11:00 am	Movers and Shakers 10:00 – 10:55 am	Independent Workout 10:00 – 11:00 am	Movers and Shakers 10:00 – 10:55 am	Aqua Aerobics 10:00 – 11:00 am	Rentals available 12:30 – 6:00
	Ai Chi 11:00 –12:00 am	Independent Workout 10:55 -11:55 am	Walk and Strength 11:00 – 11:55 am	Independent Workout 10:55 -11:55 am	Ai Chi 11:00 – 11:55 pm	
	School Group 12:00 – 3:00 pm	School Group 12:00 -3:00 pm	Quiet Ai Chi 12:00 – 1:00 pm	School Group 12:00 – 3:00 pm	School Group 12:00 – 3:00 pm	
		Mermaid Group 3:00 – 3:55 pm	Closed for Maintenance 1:00 – 3:00 pm			
	Swim Lessons 5:30 – 6:30 pm	Water Babies 5:00 -5:30 pm	Swim Lessons 5:30 – 6:30 pm	Mermaid Group 3:00 – 3:55 pm	Closed for Maintenance 3:30 -6:45 pm	
Rec Swim 6:45 – 8:30 pm	Swim Lessons 6:00 – 8:00 pm	Rec Swim 6:45 – 8:30 pm	Swim Lessons 6:00 – 8:00 pm	Rec Swim 6:45 – 8:30 pm		

****Closure Dates****

1440 South 8th Street, Cottage Grove OR 97424

541-942-5533

<https://>

Wednesday

February 28, 2024

Therapy Pool Closed at 9:00 am for maintenance.



Book your Party Now!

Pool Rentals: \$110 per hour



Spring 2024

Lap Pool Schedule

February 25 - March 24

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pool is Closed	Lap Swim 5:30 – 8:30 am	Lap Swim 7:30—8:30am	Lap Swim 5:30—9:00am	Lap Swim 7:30—8:30am	Lap Swim 5:30—8:30am	Lap Swim 8:30—10:15am
	School Group 8:30 – 11:00 am	School Group 8:30 – 11:00 am	Closed 9:00 – 11:00 am	School Group 8:30 – 11:00 am	School Group 8:30 – 11:00 am	Family Swim 10:30– 12:00pm *2 Lap Lanes
	Lap Swim 11:00 – 12:00 pm	Lap Swim 11:00 – 12:00 pm	Lap Swim 11:00 – 12:00 pm	Lap Swim 11:00 – 12:00 pm	Lap Swim 11:00 – 12:00 pm	Rentals available 12:30 – 6:00
	School Group 12:00 –3:00 pm	School Group 12:00 –3:00 pm	Closed for Maintenance 12:00-5:00	School Group 12:00 –3:00 pm	School Group 12:00 –3:00 pm	
	Developmental Swimming/Water Polo Team 3:00-5:00	Developmental Swimming/Water Polo Team 3:00-5:00		Developmental Swimming/Water Polo Team 3:00-5:00	Developmental Swimming/Water Polo Team 3:00-5:00	
	CGAL Team 5:00-6:30	CGAL Team 5:00-6:30	CGAL Team 5:00-6:30	CGAL Team 5:00-6:30	CGAL Team 5:00-6:30	
	CGAL Team 5:00-6:30	Private Scuba Event 6:30 –8:30 pm	CGAL Team 5:00-6:30	Private Scuba Event 6:30 –8:30 pm	CGAL Team 5:00-6:30	
Rec Swim 6:45 – 8-30 pm	Swim Lessons 6:00 – 8:00 pm	Rec Swim 6:45 – 8:30 pm	Swim Lessons 6:00 – 8:00 pm	Rec Swim 6:45 – 8:30 pm		

Aqualion Developmental Swimming/Water Polo Team

Registration opens 2/14/2024

February 20—April 19th

5th—12th Grades \$20/person

Learn Fundamentals of Swimming and Water Polo

1440 South 8th Street, Cottage Grove OR 97424

541-942-5533

<https://www.slane.k12.or.us/domain/109>



Swim Lesson Schedule

Registration Opens April 1, 2024

Session is from 4/8 – 5/2