



South Lane Suicide Prevention Plan: SB 52 (Adi's Law)

Context

Per ORS 339.343 (Adi's Law) school districts need to provide three key elements in relation to suicide prevention, including: **(1) Supports, (2) Procedures for Reentry and (3) Designated and Trained Staff**. All requirements set out in ORS 339.343 are supported in South Lane's plan.

Key Elements of Adi's Law

- (a) **Supports** that are culturally and linguistically responsive to the needs of students who are at higher risk of suicide and suicide ideation, including lesbian, gay, bisexual, transgender, queer and other minority gender identity and sexual orientation, Native American, Black, Latinx, and Asian students;
- (b) **Procedures for reentry** into the school environment following a hospitalization or behavioral health crisis; and
- (c) **A process for designating staff to be trained in an evidence-based suicide prevention program**. The Department of Education will provide a list of available programs.

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Supports

Social-emotional learning can combat youth suicide. Hopelessness, anxiety, substance use, and child sexual abuse are known risk factors for suicidal thoughts and behaviors. SEL curricula, as effective universal Tier I (all-student) interventions, promote skills related to protective factors that mitigate those risk factors. South Lane has selected *Second Steps* in elementary and *Character Strong* in secondary as our curricula to mitigate suicidal risk.

Designated and Trained Staff

Training for designated staff will come via the Garret Lee Smith Youth Suicide Prevention Grant (GLS) as administered by Lane County Public Health. As part of the grant, SLSD will:

1. Train **all** staff (certified, EAs, transportation, food service) in the **QPR**--essentially CPR for suicide prevention. The Question, Persuade, Refer (QPR) protocol provides participants the basic skills required to identify someone experiencing a suicidal crisis, intervene and get them connected to appropriate supports.
2. South Lane will designate 3 school psychologists, 4 secondary counselors and one district administrator to be trained in evidence-based suicide prevention programs. These individuals will be SLSD's core suicide prevention team. Training for this core group will include:

- Training in the Applied Suicide Intervention Skills Training (ASIST). This two-day training is appropriate for staff with mental health training and/or responsible for mental health in their organization. ASIST trains participants in advanced intervention skills including safety planning and counseling on access to lethal means.
 - Training in *Connect Postvention*. Postvention trains participants in the fundamentals of caring for survivors of suicide loss and limiting suicide contagion in collaboration with community partners. This training satisfies Adi's Law guidelines regarding ***procedures for reentry*** into the school environment following a hospitalization or behavioral health crisis
3. Train core prevention staff and all school administrators in the Columbia Suicide Severity Rating Scale (C-SSRS) - The C-SSRS is the screening/assessment tool most commonly used in behavioral healthcare and provides organizations with a common language to determine and discuss risk across systems to optimize care.